

Script

Ponyboy walks in.

Psychologist: Hello Ponyboy! Please take a seat.

Ponyboy goes and takes a seat.

Psychologist: Okay Ponyboy, what brings you here today?

Ponyboy: Ya see, I have a problem. Everyone tells me Johnny is dead, but he... he's not.

Psychologist: What makes you say he is not dead, Ponyboy?

Ponyboy: He's.... He's just not!.. He's not dead!

Ponyboy starts crying

Psychologist sighs.

Psychologist: Okay Ponyboy calm down, its going to be okay.

Psychologist hands Ponyboy a glass of water.

Psychologist: How long have you been experiencing this trauma?

Ponyboy: Uhm, I think for about two or three days.

Psychologist: That's not too long. Now tell me, what happened to Johnny before people started assuming he was gone?

Ponyboy: He was caught in a burning church. A burning support beam fell down and broke his back.

Psychologist: Now, can you tell me what Johnny was like?

Ponyboy: He was a good friend and he was the glue that held our family together.. He was just the best friend you can have. That is why he was like family to us.

Psychologist: Ok... go on.

Ponyboy: Well, uhmm he did get beat up at home by his parents, so we were like his true caring family with benefits.

Psychologist: Okay. Now tell me, do you still think Johnny is alive?

Ponyboy thought to himself carefully. Maybe the psychologist was right. Maybe Johnny was dead all along.

Ponyboy: I guess, well, uhmm, you're right and Johnny is gone. But what should I do now? Without Johnny I feel so alone.

Ponyboy's eyes became teary and he started to bawl.

Psychologist: *Sigh* Well, Johnny is gone, and there is nothing you can really do to bring him back. All you can do now is continue moving forward with your life. Was there anything Johnny told you before he past away?

Ponyboy thought to himself for a moment and remembered to stay golden.

Ponyboy: Oh yeah, he told me to stay golden and be myself.

Psychologist: Well, now you can honor his dying wish and keep moving forward with your life and stay golden.

Ponyboy: Thanks for your help doc.

Psychologists: You're welcome Ponyboy. I'm glad you got over your trauma. Any longer and you would've been extremely depressed later on in life.

Bibliography

Service, Stanford News. "Recovery from Grief Requires More than Grieving, Psychologist Finds." *Recovery from Grief Requires More than Grieving, Psychologist Finds*. Stanford University, 29 Aug. 1994. Web. 27 Mar. 2015.

Gaugler, Joseph E. "Family Involvement in Residential Long-Term Care: A Synthesis and Critical Review." *Aging & Mental Health*. U.S. National Library of Medicine, 9 Mar. 2005. Web. 27 Mar. 2015.

Mitchell, Sharon. "Counseling Services." *Coping with Death and Grief, Website*. University at Buffalo, 15 Apr. 2014. Web. 27 Mar. 2015.

Smith, Melinda, M.A. "Coping with Grief and Loss." : Understanding the Grieving Process. HelpGuide.org, Feb. 2015. Web. 27 Mar. 2015.

Society, American Cancer. *Death of a Pet: Coping with the Loss of a Loved One*. Dayton, OH: Iams, 1998. *Coping With the Loss of a Loved One*. Cancer.org, 11 Mar. 2015. Web. 27 Mar. 2015.